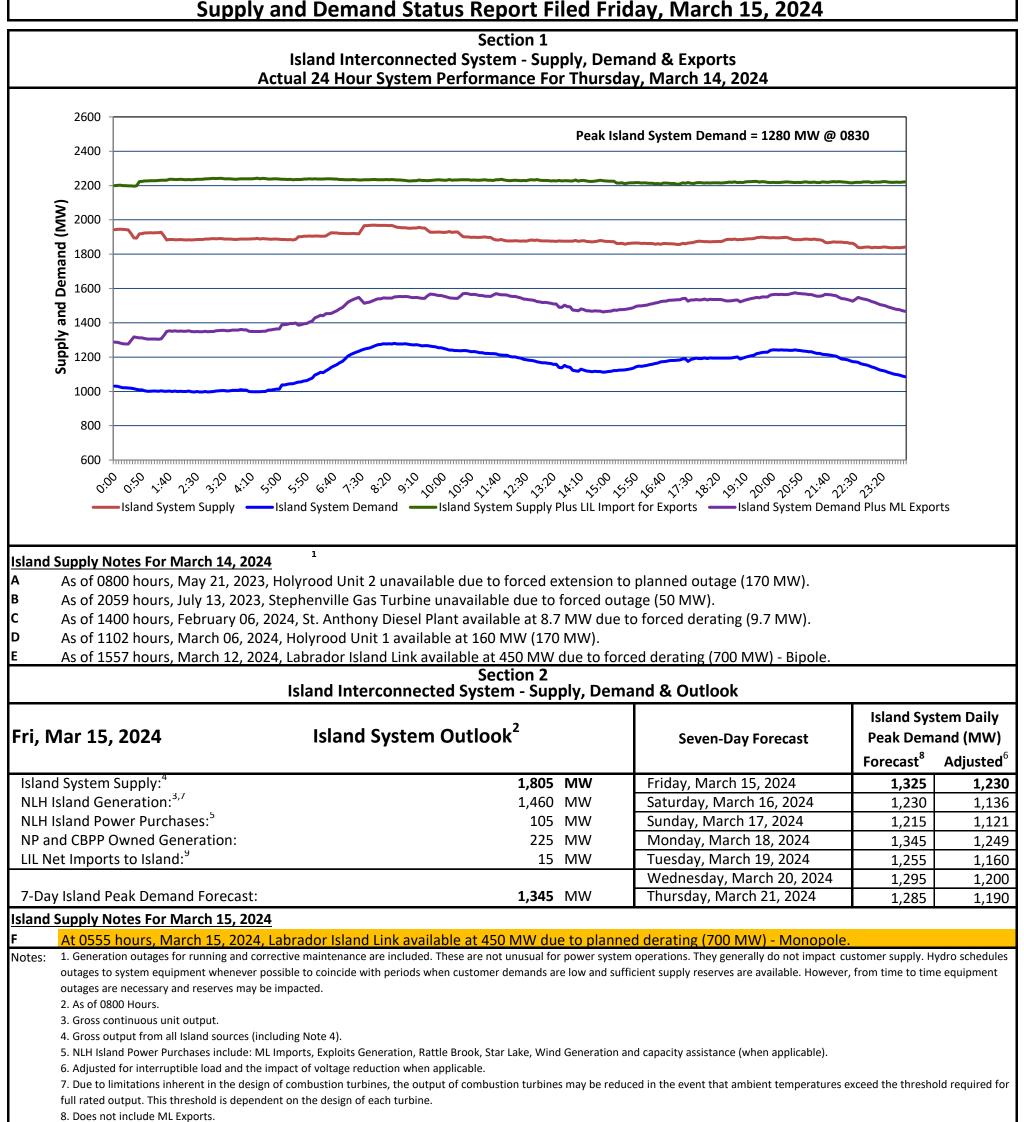
Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Friday, March 15, 2024



9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3 Island Peak Demand and Exports Information Previous Day Actual Peak and Current Day Forecast Peak			
Thu, Mar 14, 2024	Island Peak Demand ¹⁰	8:30	1,280 MW
	Exports at Peak		271 MW
	LIL Net Imports to Island		2,356 MWh
Fri, Mar 15, 2024	Forecast Island Peak Demand		1,325 MW
Notes: 10. Island Demand is supplie (Deer Lake Power, DLP).	d by NLH generation and purchases, LIL Imports plus generation owned a	and operated by Newfoundland Power an	d Corner Brook Pulp & Paper